

COMMUNICATE YOUTH CLUB

A specialist youth provision for autistic children and children with attention deficit disorders aged 7 years – 13 years.

Launching Friday 9th November

5pm – 7pm

Katherine Low Settlement, 108 Battersea High Street SW11 3HP

Thank you for your interest in Sen Talk's brand new communicate youth club. We are extremely excited to be offering this project specifically for young people with ASD, ADHD and other Social Communication difficulties.

In the following documents you will find important information about the club. We advise parents read these pages and familiarise themselves with the concept and organisation of the provision.

If you require any further advice please do not hesitate to get in contact info@sentalk.org

What is Communicate about?

Communicate is a youth club designed especially to support ASD and ADHD children who are aged between 7 years old and 13 years old. With a growing gap in provision, we at Sen Talk know how important it is to provide opportunities for young people in an environment suitable for their needs. At each session there is a combination of Arts and crafts, sensory activities and social skills opportunities for them to enjoy.

Who can attend Communicate?

The club is open to individuals who attend mainstream, independent and specialist provisions, but children must be registered with the service before attending. It is advised parents with children requiring additional levels of care should speak to the Director Annaliese before joining the group to assure that suitable adaptations are made and that sufficient support is provided.

Do I need to pay?

Sen Talk is a non-for profit organisation, and therefore we have no formal pay structure. However, we do ask that parents consider making a small donation of £3 to the club to cover the cost of refreshments and materials.

Refreshments

We do provide basic refreshments during the club of fruit, biscuits and water. However, we suggest that parents aim to provide a snack or packed lunch if your child may need something more substantial during the session. Please bear in mind that we hold a strict NO NUTS policy. Children may eat within the communal areas which you can see illustrated on our visual map. Parents should make staff aware of any allergies as soon as possible.

Can parents attend?

Parents may attend the first session in order to support the settling process. However we do prefer that parents do not stay during the sessions following this. With the combination of adults and children, the environment can quickly become overwhelming especially those who may have additional sensory processing difficulties and for this reason we ask that parents drop their children off.

Signing in and out

It is essential that parents sign their children in and out during these sessions and that all collectors are registered with Sen Talk in advance.

If you require any further advice please do not hesitate to get in contact info@sentalk.org

Where is the Communicate youth club?

*The Communicate youth club will be held every Friday (term time only) at the Katherine Low Settlement,
108 Battersea High Street SW11 3HP*



*The Communicate youth club will take place over three different rooms in the Katherine Low Settlement building; the Communal café, Art room and the Wates room. **This is what the building looks like:***



*You will need to enter the building using the **blue side door** on Orville road; this is the door next to the reception entrance.*

Signing in at the communal café

You will need to sign your child in at the communal café, which is located on the ground floor of the building.

This is what the communal café looks like:



*Activities will take place in the **Art room**.*

*This is what the **Art room** looks like:*



Activities will also take place in the Wates room.

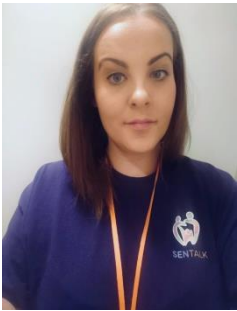
*This is what the **Wates room** looks like:*



This will be the chill out area and sensory equipment will be set up for each of these sessions.

Our Communicate youth club team

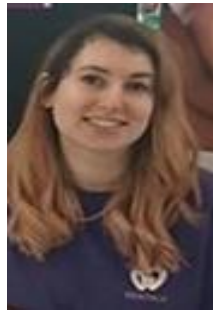
Our regular team is made up of four main staff members with the addition of trained volunteers who may support during some sessions.



Annaliese

Manager

Safeguarding Lead



Jorgie

Youth Worker

First Aider



Megan

Youth Worker

First Aider








Trinity

Youth Worker

All of our staff are trained in Special Educational Needs and support Social and Emotional Mental Health as well as holding a certificate in Advanced Safeguarding and Specific Safeguarding for children with disabilities.

Example timetable

Date						
Weekly themes	Me, myself and I	Mechanical Animation	Out of this World	Mad science week	The Big production	END OF TERM party!!!
Arts and Crafts room 	Self-portraits using a variety of mediums. Pastels, pens, and collage materials Decorating our 'all about me' book	Construction Building popsicle Cities, LEGO® worlds and animation script writing 	Planning our perfect planets. What's important? What does it look like? What values would be important on our planet	Volcanic art using mixed mediums Rocket launching 	Lights cameras action! Production day for our animation project 	Party food Games Mixed activities 
Chill out zone	Sensory exploration. Emotions scales	1,2,3 Relax activities How I feel today?	Yoga pretzels, calm-me music and sensory feel	Emotional Regulation activities	Sensory challenge quiet zone	Time to chill
Communal area	Social Zone: Board games	Social games AND Mind Mapping	Social Zone: Venn diagrams and group work	Social Zone: Board games	Social Zone: Making challenge cards	Mingle zone